

ISLAND DERMATOLOGY INC,
dba Dermatology Associates of Downey, Advanced Dermatology,
Santa Ana Dermatology, Desert Dermatology

PATIENT EDUCATION – SCABIES TREATMENT

- Scabies is an infestation of the skin by a mite. It causes intense itchiness and can be spread from person to person through close contact. Fortunately, effective treatments for scabies are available.
- **Getting rid of mites**
 - Permethrin (Elimite) 5% Cream
 - Apply neck down at bedtime and wash off in the morning
 - Make sure you use this cream in all areas including skin folds
 - A second repeat application in one week
 - Ivermectin (Stromectol) pills
 - Take the specific number of pills as instructed
 - A second repeat dose in one week
- **Itch Relief**
 - Topical cortisone- Triamcinolone to be applied to itchy areas twice daily for up to 2 weeks or stop as soon as your symptoms have totally subsided
- **Washing**
 - Wash all sheet and clothes in hot water
 - Some clothes may be isolated in a plastic trash bag for 5 days if they are not washable
 - Vacuum carpets