



POST OPERATIVE INSTRUCTIONS

- **WOUND CARE INSTRUCTIONS**
 - **Remove pressure bandage tomorrow (24 hours)**
 - **Gently wash with soap and water (showering is ok)**
 - **Apply antibiotic ointment (Bacitracin, Polysporin, Vaseline, Aquaphor) followed by a band-aid daily until sutures are removed**
 - **In case of bleeding**
 - **Place firm pressure on wound for 20 min & not a second less**
 - **If bleeding continues please call our office**
 - **Avoid alcohol consumption for 5 days after to minimize bleeding**
 - **Take Tylenol for pain**
 - **Chance of bleeding may be increased by ibuprofen-like products, Asprin**
 - **Call our office if signs of infection occur**
 - **Redness/ Swelling / Increased Pain / Yellow Discharge / fever**
 - **No heavy lifting for two weeks after the procedure**
 - **If on extremity, keep elevated as much as possible the first few days**
 - **Remember to take oral antibiotics as directed if prescribed**
 - **Return for removal of sutures placed as instructed by your physician**

If any questions, please call us:

Island Dermatology (Newport Beach): 949-720-1170

Santa Ana Dermatology: 949-720-1170

Advanced Dermatology (Glendora): 626-914-3675

Dermatology Associates of Downey: 562-923-3001

Desert Dermatology: 760-951-7762